



CENTURION LEISURE

# BESPOKE OUTDOOR SAUNAS

DISCOVER OUR OUTDOOR WELLNESS COLLECTION



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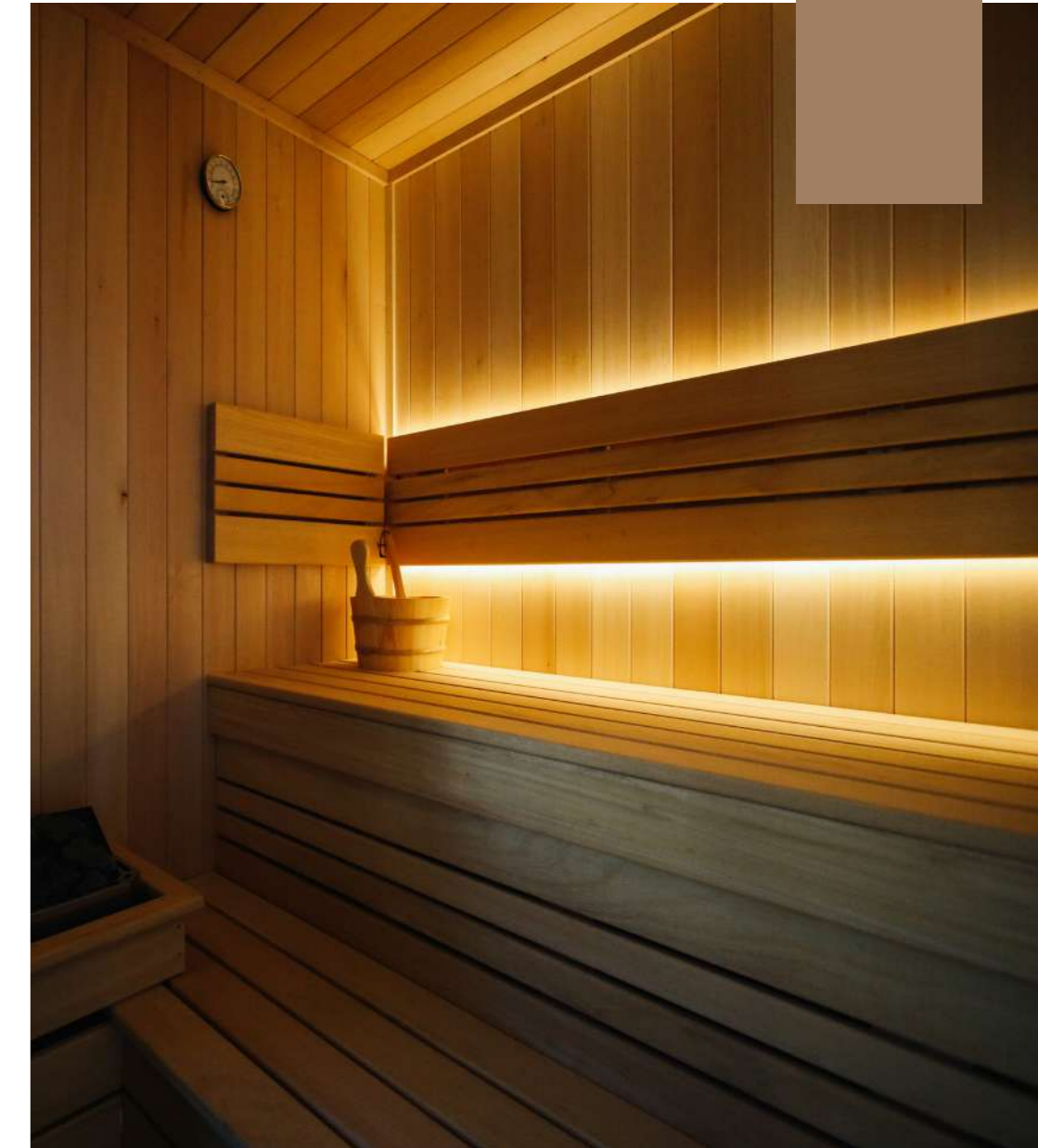


# ABOUT US

At Centurion Leisure our outdoor saunas are manufactured with exceptional care and attention to detail, combining quality materials with timeless design. Each sauna is made to order, offering flexibility in size, layout, and finish to suit any space, from private homes to commercial wellness areas.

We use premium timbers sourced from Estonia, chosen for their strength, beauty, and sustainability, ensuring every sauna is both durable and built to last. Whether you prefer a model from our collection or a fully bespoke design, each unit reflects a commitment to craftsmanship and comfort.

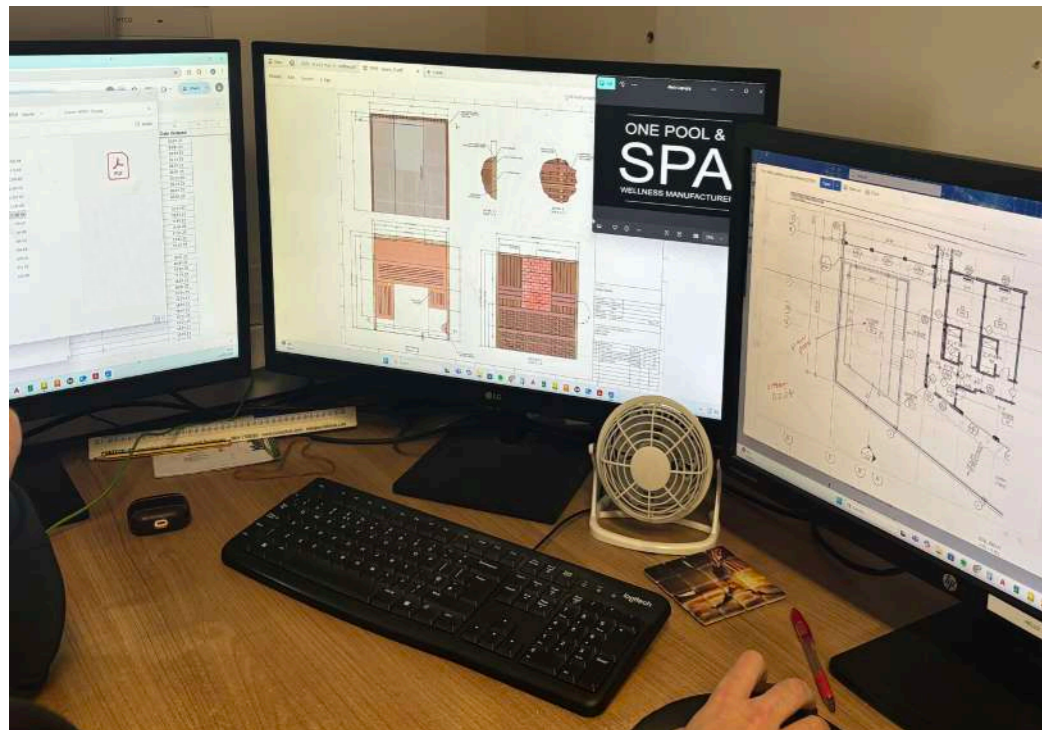
From the initial concept to final installation, our team works closely with clients to bring their vision to life. Every sauna is designed to provide a relaxing, luxurious experience.



# HOW IT WORKS?

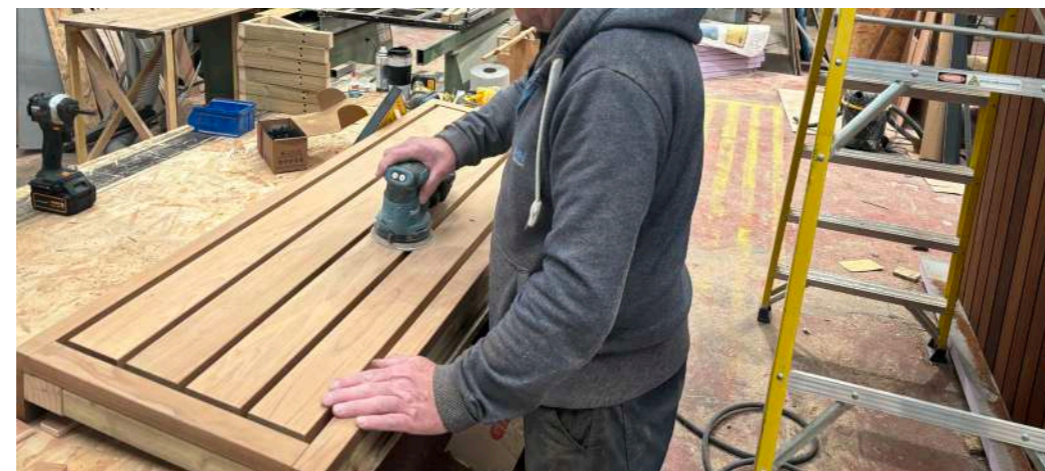
## Design

Every sauna begins with the customer's idea. If it's not one of our standard designs, we will work closely with you to help shape your vision using 2D drawings and realistic 3D renders, helping you to visualise your sauna before the build begins.



## Build

Once the design is approved, our team brings it to life in our factory. Every sauna is made to order, whether it's one of our standard models or a fully bespoke design, ensuring each build meets the highest standards of quality and finish.



## Delivery

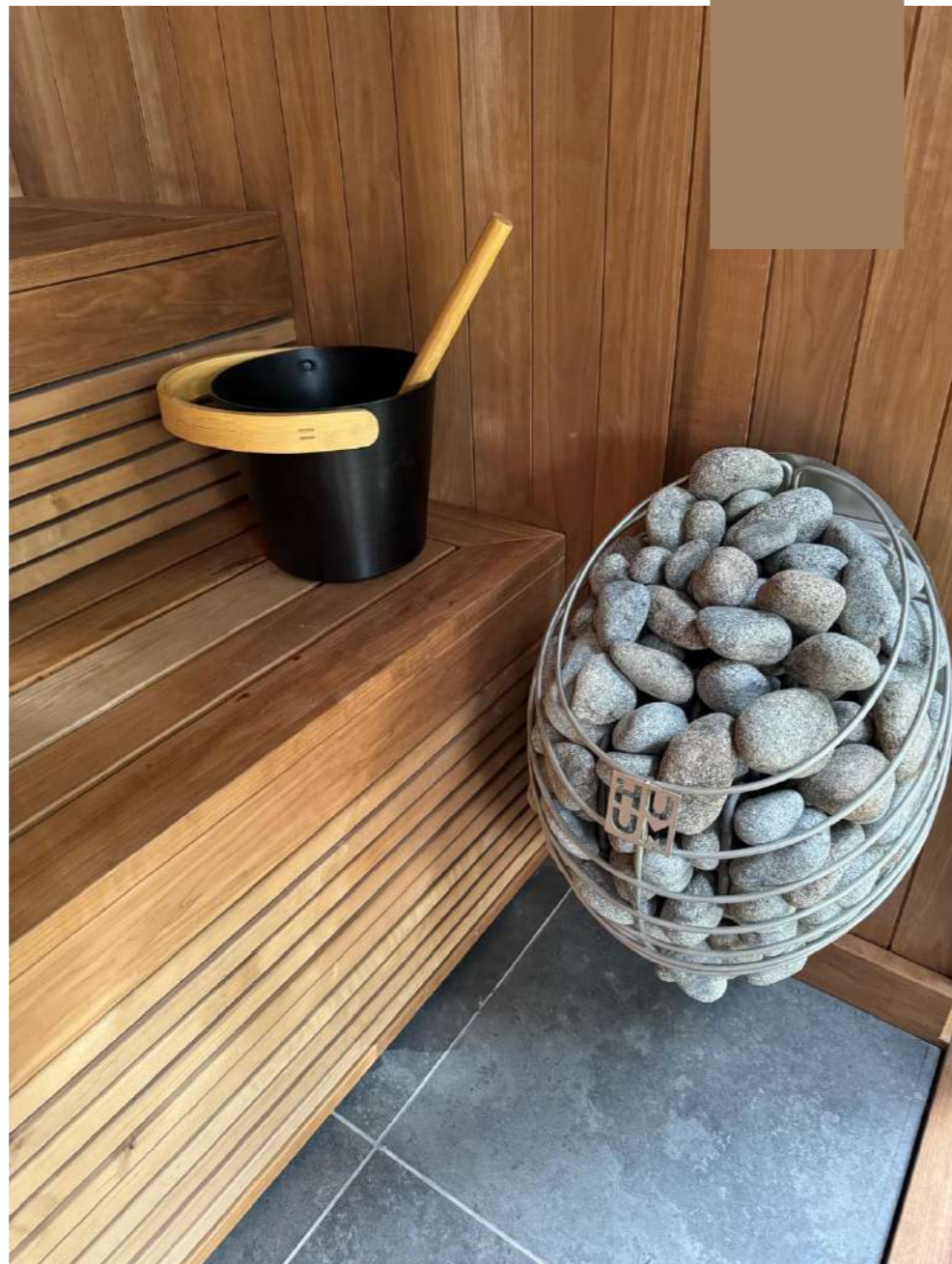
Your sauna arrives fully assembled and is craned into place, ready to use. We handle delivery, positioning and commissioning - making the process seamless from start to finish.



# TRADITIONAL FINNISH SAUNA

Traditional saunas use heat to create a dry, high temperature environment that promotes relaxation and health benefits. They typically operate by heating stones in a stove, with the heat radiating throughout the room. Water can be poured onto the stones to increase humidity, creating the option for a more intense heat experience.

Our traditional saunas come in five different models or can be completely bespoke meaning every aspect is tailored to our client's space and preference. We work closely with each customer to ensure the sauna fits seamlessly into their home or commercial setting, with the options to choose materials, layout and features that suit their needs. Whether it's for a personal retreat or a larger wellness facility, each sauna is built to the highest standards, combining function and durability.



## BENEFITS

### TRADITIONAL FINNISH SAUNA

#### **Deep Detoxification**

The highest heat (70-90°C) of a Finnish Sauna induces intense sweating, helping to flush out toxins and impurities from the body more efficiently than lower heat alternatives.

#### **Muscle Recovery & Circulation**

The high temperature causes blood vessels to dilate, increasing circulation and promoting faster muscle recovery.

#### **Relaxation Through High Heat & Steam**

Traditional saunas use heated stones to create steam, offering a more immersive and soothing experience compared to dry heat or infrared panels.

#### **Strengthens Immune Systems**

The heat exposure stimulates white blood cell production, helping to boost the immune system and improve the body's ability to fight off illnesses.

#### **Promotes Deeper Sleep**

The high heat exposure followed by a cool down mimics the body's natural sleep cycle, promoting relaxing and deeper, more restorative sleep.



## CUBE SAUNA

Our new two person Cube Sauna is a modern free-standing pod designed for both style and function. With its minimalistic architecture, it blends seamlessly into any outdoor space, offering a sleek, contemporary look. The sauna's compact yet spacious interior comfortably accommodates up to two people, making it perfect for couples or personal relaxation.

Manufactured with high-quality materials, this pod delivers a luxurious sauna experience and is durable and weather-resistant, ensuring all year-round usability. Whether placed in a garden, on a deck or by a pool, the Cube Sauna enhances your outdoor living space.

### Available in:



Black Finish



Thermo Ayous



European Oak

### Key Features:

- Durable and stylish finish
- Traditional double bench set-up of Aspen/Alder, with warm-white LED light strips on the backrest.
- Cliff Mini 6kw Electric Sauna Heater: Max temp 90°C
- UKU sauna heater controller with a modern glass finish
- Compact size for flexible placement options

### Technical Specification

Dimensions (Exterior): L:1500mm x W:1500mm x H:2500mm

Sauna Room: 1.6 sqm

Bench Dimensions: 1220mm x 500mm

Capacity: 2 persons

Exterior Wood Type: Thermo Ayous/European Oak

Interior Cladding/Bench: Thermo Aspen/Thermo Alder

Steel Frame: 100mm x 100mm

Flooring: 10mm Porcelain Tiles: Slip resistant, low water absorption, stain resistant, mould and mildew reducing

Ventilation: A carefully designed ventilation system ensures comfortable airflow

Ground Preparation: Concrete foundation/paved area



#### Technical Specification

Dimensions (Exterior): L:3000mm x W:2100mm x H:2500mm

Sauna Room: 3.8 sqm

Bench Dimensions: 1920mm x 500mm

Capacity: 5 persons

Exterior Wood Type: Thermo Ayous/European Oak

Interior Cladding/Bench: Thermo Aspen/Thermo Alder

Steel Frame: 100mm x 100mm

Flooring: 10mm Porcelain Tiles: Slip resistant, low water absorption, stain resistant, mould and mildew reducing

Ventilation: A carefully designed ventilation system ensures comfortable airflow

Ground Preparation: Concrete foundation/paved area

## HORIZON SAUNA

Our five person Horizon Sauna is a striking free-standing pod that showcases modern design and panoramic views. With clean lines, open glass frontage, and a natural wood interior, it creates a light-filled retreat that blends seamlessly into any outdoor setting. Spacious enough for families or social gatherings, the Horizon combines comfort with architectural elegance.

For a refreshing finish, it can be paired with the optional Pail Shower, which delivers an 18-litre waterfall effect at the pull of a lever and automatically refills for the next use. Manufactured from high-quality, durable materials, the Horizon is built for all year-round enjoyment, enhancing any garden or wellness space with style and relaxation.

#### Available in:



Black Finish



Thermo Ayous



European Oak

#### Key Features:

- A roof overhang on the side with space to hang towels or add our optional Pail Shower for an invigorating contrast
- Traditional double bench set-up of Aspen/Alder, with warm-white LED light strips on the backrest
- Steel 6kw Electric Sauna Heater: Max temp 90°C
- UKU sauna heater controller with a modern glass finish
- Glass frontage with glass door, maximising the amount of natural light



**Technical Specification**

Dimensions (Exterior): L:2200mm x W:2200mm x H:2500mm

Sauna Room: 2.5 sqm

Bench Dimensions: 1920mm x 500mm

Capacity: 4 persons

Exterior Wood Type: Thermo Ayous/European Oak

Interior Cladding/Bench: Thermo Aspen/Thermo Alder

Steel Frame: 100mm x 100mm

Flooring: 10mm Porcelain Tiles: Slip resistant, low water absorption, stain resistant, mould and mildew reducing

Ventilation: A carefully designed ventilation system ensures comfortable airflow

Ground Preparation: Concrete foundation/paved area

## HAVEN SAUNA

The four person Haven Sauna is designed as a warm, inviting retreat that combines style and practicality. With its clean-lined architecture and natural wood finish, Haven integrates seamlessly into any garden or outdoor space. Inside, the sauna provides comfortable seating for up to four people, complemented by a striking salt wall down the back. When gently heated, the salt wall releases negative ions, creating a soothing atmosphere that enhances relaxation and supports overall wellbeing.

What sets the Haven apart is its thoughtful exterior seating, perfect for cooling down, socialising, or simply enjoying the outdoors before or after your sauna session. Built with high-quality, durable materials, the Haven Sauna is made for all year-round enjoyment. Whether used as a private escape or a shared wellness space, it enhances outdoor living with relaxation, warmth and a welcoming atmosphere.

**Available in:**



Black Finish



Thermo Ayous



European Oak

**Key Features:**

- Durable and stylish finish
- A roof overhang on the front with terrace seating
- Traditional U-shaped bench set-up of Aspen/Alder, with warm-white LED light strips on the backrest
- Steel 6kw Electric Sauna Heater: Max temp 90°C
- UKU sauna heater controller with a modern glass finish
- Salt Wall down the centre back wall



**Technical Specification**

Dimensions (Exterior): L:2500mm x W:2000mm x H:2500mm

Sauna Room: 4.1 sqm

Bench Dimensions: 2200mm x 500mm

Capacity: 8 persons

Exterior Wood Type: Thermo Ayous/European Oak

Interior Cladding/Bench: Thermo Aspen/Thermo Alder

Steel Frame: 100mm x 100mm

Flooring: 10mm Porcelain Tiles: Slip resistant, low water absorption, stain resistant, mould and mildew reducing

Ventilation: A carefully designed ventilation system ensures comfortable airflow

Ground Preparation: Concrete foundation/paved area

## SOLACE SAUNA

The 8-person Solace Sauna is designed for those who want to share the full sauna experience in style and comfort. With a striking glass front and dual side windows, it offers panoramic views and a bright, open atmosphere that connects seamlessly with its surroundings. Inside, tiered bench seating creates space for up to eight people, making Solace perfect for families, gatherings, or social wellness sessions.

The natural wood finish enhances its warm, authentic feel, while the sleek exterior gives it a refined, contemporary presence. Built from high-quality, durable materials, the Solace Sauna is manufactured for year-round enjoyment. Whether placed in a garden, poolside, or as part of a larger wellness area, it transforms any outdoor space into a sanctuary of relaxation, warmth and connection.

**Available in:**



Black Finish



Thermo Ayous



European Oak

**Key Features:**

- Durable and stylish finish
- A roof overhang on the front with terrace seating
- Traditional double bench set-up of Aspen/Alder, with warm-white LED light strips on the backrest
- Steel 6kw Electric Sauna Heater: Max temp 90°C
- UKU sauna heater controller with a modern glass finish
- Manufactured with stylish glass features and a roof overhang

# BESPOKE SAUNA

Some spaces require something a little different which isn't one of our standard designs. Our bespoke sauna service is here for those moments, when the brief is specific and the possibilities are wide open.

Whether it's integrating into existing architecture, fitting a tricky footprint, or achieving a particular material palette, we design and build saunas entirely around your needs. Everything from layout and dimensions to finishes, lighting, and heating systems can be customised.

What can be customised:

- Dimensions and layout
- Window placement
- Timber finish
- Interior lighting
- Heater type
- Integrated showers/changing area
- Interior cladding to match your setting
- Infrared options



# HUUM SAUNA HEATERS



## DROP Heater

- Inspired by the purity of a water droplet.
- Wall mounted, space saving.
- Ideal for compact saunas.



## STEEL Heater

- Minimalist and modern vertical design.
- Durable stainless steel frame.
- Optimised for even heat distribution.



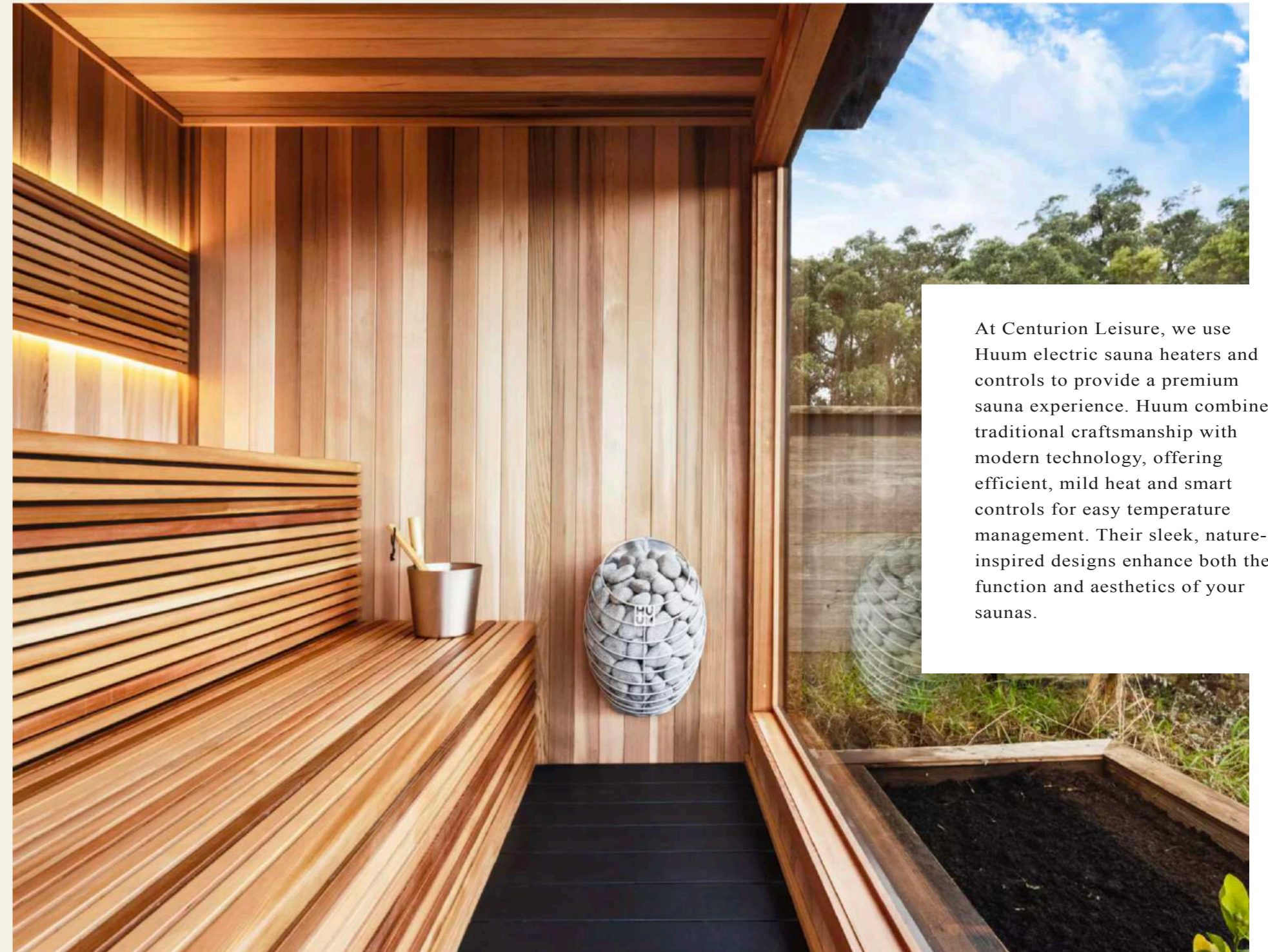
## HIVE Heater

- Iconic barrel-shaped design.
- Perfect for larger saunas.
- Stone-emphasising design.



## CORE Heater

- Wooden safety railing.
- Built-in air channels for quick heating.
- Discreet, stylish and effective.



At Centurion Leisure, we use Huum electric sauna heaters and controls to provide a premium sauna experience. Huum combines traditional craftsmanship with modern technology, offering efficient, mild heat and smart controls for easy temperature management. Their sleek, nature-inspired designs enhance both the function and aesthetics of your saunas.

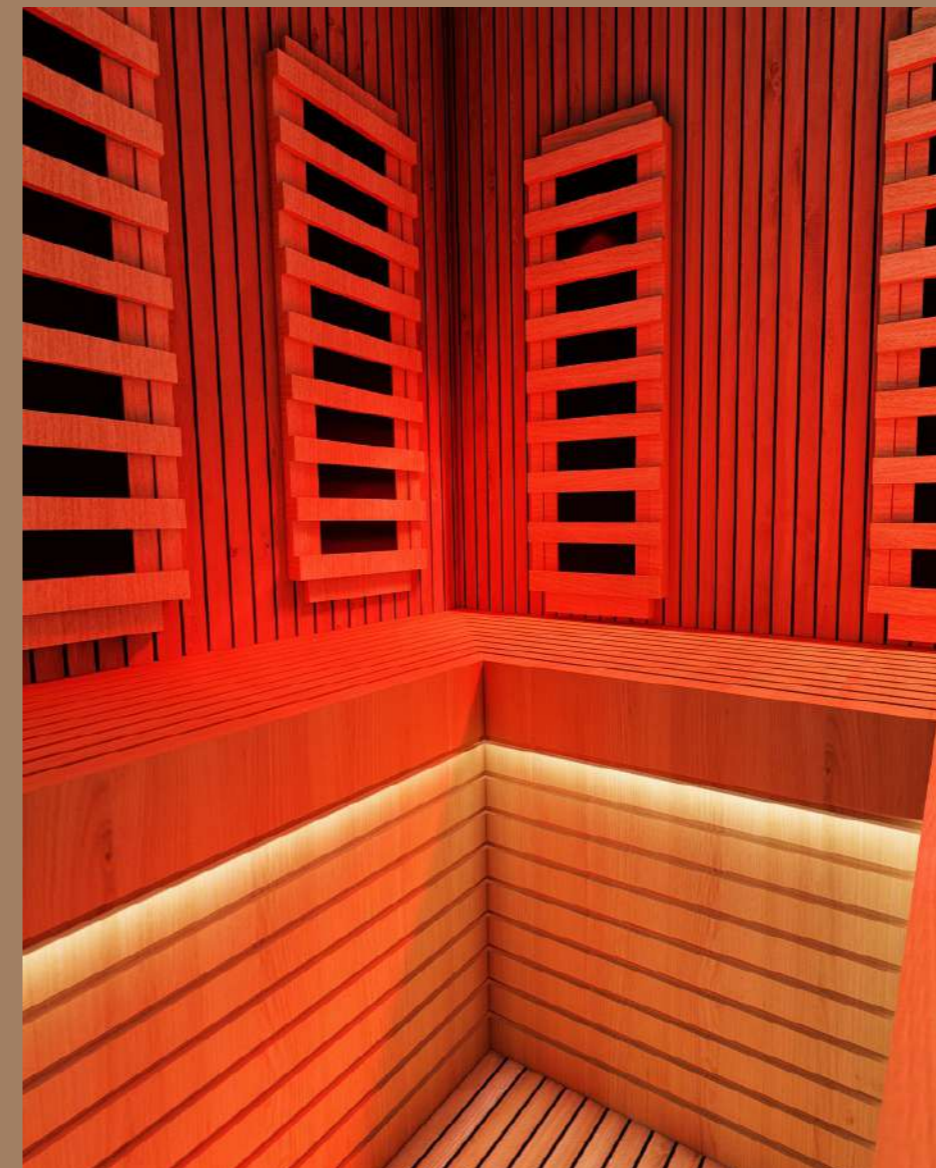


## INFRARED SAUNA

An infrared sauna offers a modern approach to traditional heat therapy, using advanced infrared technology to provide a deeply relaxing and therapeutic experience. Unlike traditional Finnish saunas, which heat the air around you, an infrared sauna emits infrared light waves that penetrate directly into your body, warming you from the inside out. This gentle yet effective heat works at lower temperatures, making it more comfortable while still delivering powerful health benefits.

As an additional option, our saunas can be fitted with infrared panelling, either as a replacement for the traditional stove or combined with it to create a hybrid Finnish sauna with infrared heat. We design and build bespoke infrared saunas tailored to your spaces and needs.

## BENEFITS INFRARED SAUNA



### **Gentle & Efficient Heating**

Unlike Finnish saunas, which heat therapy air, infrared saunas use infrared light to penetrate the skin directly, providing warmth at lower temperatures (45-60°C) while still including deep sweating.

### **Targeted Muscle & Joint Relief**

Infrared heat penetrates deeper into muscle and joints, helping to relieve tension, reduce inflammation, and ease conditions like arthritis or chronic pain.

### **Enhanced Detoxification**

Infrared saunas promote detoxification at a cellular level, helping to remove heavy metals, chemicals and other impurities from the body more effectively.

### **Supports Weight Loss & Metabolism**

The infrared heat increases heart rate and metabolic activity, mimicking the effects of moderate exercise and potentially aiding calorie burn.

### **Improves Skin Health & Collagen Production**

The deep penetrating heat stimulates circulation and collagen production, promoting clearer skin, reducing wrinkles, and helping with conditions like acne or eczema.

### **Convenient & Energy Efficient**

Infrared saunas heat up quickly and require less energy than traditional saunas, making them a more convenient and eco-friendly option for home use.

# STEAM ROOM

A steam room is a heated space designed to create a warm, humid environment that promotes relaxation, detoxification and overall well-being. Unlike dry saunas, steam rooms generate moist heat by producing steam, typically through a steam generator that boils water and releases vapour into the enclosed space. This high humidity opens pores, soothes muscles, and enhances circulation, offering a rejuvenating spa-like experience.

At Centurion Leisure, our steam rooms are manufactured with precision, using high quality materials and advanced steam technology to ensure consistent temperature and humidity control. Customisable features, bespoke designs, and exceptional craftsmanship make our steam rooms a luxurious addition to any home or commercial wellness space.



# BENEFITS

## STEAM ROOM

### Deep Hydration

Unlike dry heat, the humidity in a steam room keeps the skin hydrated, leaving it soft and refreshed.

### Respiratory Health

The warm, moist air helps open airways, clears congestion and ease breathing, making it beneficial for those with asthma, allergies, or colds.

### Muscle Joint Relief

The penetrating heat relaxes muscles, reduces stiffness, and soothes joint pain, aiding in recovery after exercise.

### Detoxification

Steam induced sweating helps flush out toxins, similar to a sauna, but with added hydration benefits.

### Stress & Mental Well-Being

The enveloping warmth promotes relaxation, eases tension and supports overall mental well-being.

### Gentle & Soothing Experience

Steam rooms offer a more gentle heat experience compared to the intense dryness of a sauna, making them ideal for those who prefer a milder, enveloping warmth.





## WELLNESS ONE

The Wellness One is a private 6-person spa that brings together the luxury of a sauna and a steam room in a single, ready-to-install design. Its striking glass front showcases two distinct wellness experiences. Combining natural timber with elegant mosaic finishes, it delivers a complete wellness retreat in the comfort of your own space.

While thoughtfully designed as a self-contained unit, the Wellness One offers remarkable flexibility. From size and layout adjustments to additional rooms such as a private shower, cold plunge, or spa zone, it can be tailored to suit your vision. Every detail, from bench arrangements to timber finishes, can be adapted, creating a wellness experience that is uniquely yours.

### Available in:



Black Finish



Thermo Ayous



European Oak

### Key Features:

- Combines a traditional Finnish sauna with steam room in one pod
- Modern glass frontage and roof overhang
- Adaptable design
- Traditional L-shaped double bench set-up of Aspen/Alder, with warm-white LED light strips on the backrest
- Steel 6kw Electric Sauna Heater: Max temp 90°C
- UKU sauna heater wifi controller with a modern glass finish
- 4.5kW Steam generator: Max temp 50°C
- Ezzari Mosaics

### Technical Specification

Dimensions (Exterior): L:4200mm x W:2200mm x H:2500mm

Sauna Room: 2.9 sqm Steam Room: 2.9 sqm

Sauna Bench Dimensions: 1420mm x 500mm Steam Room: 1410mm x 500mm

Capacity: 6 persons

Exterior Wood Type: Thermo Ayous/European Oak

Interior Cladding/Bench: Thermo Aspen/Thermo Alder

Steel Frame: 100mm x 100mm

Flooring: 10mm Porcelain Tiles: Slip resistant, low water absorption, stain resistant, mould and mildew reducing

Ventilation: A carefully designed ventilation system ensures comfortable airflow

Ground Preparation: Concrete foundation/paved area

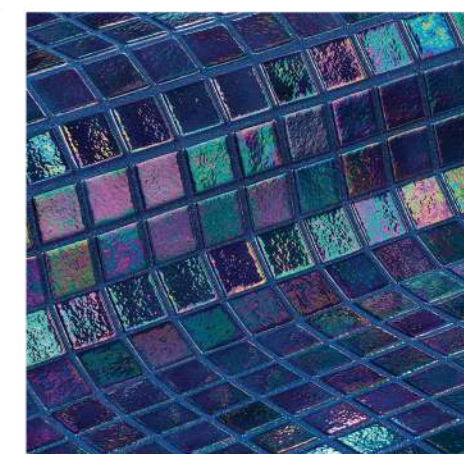
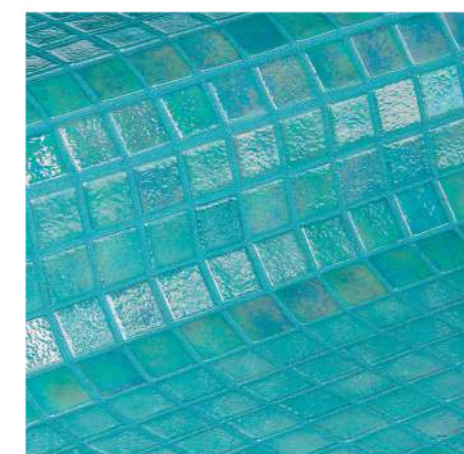
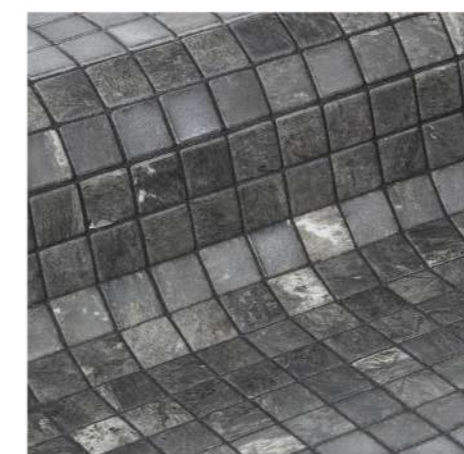
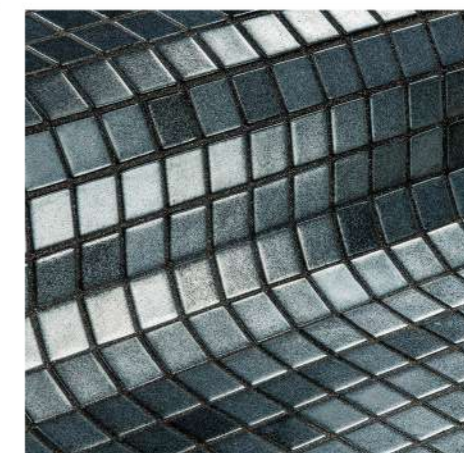
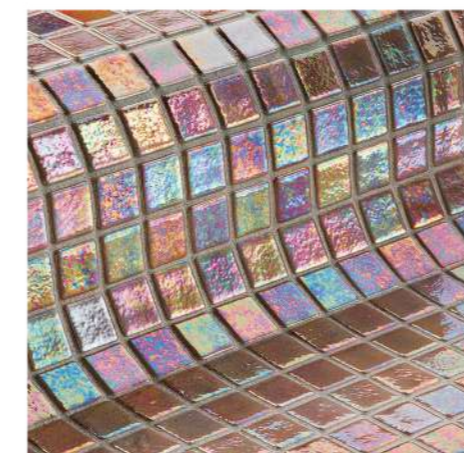
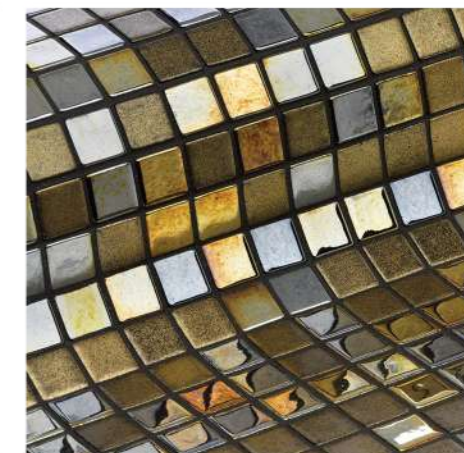
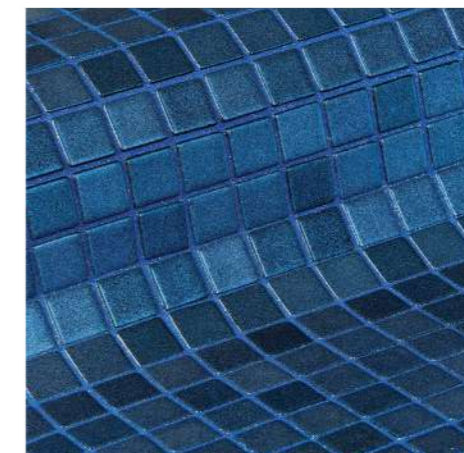
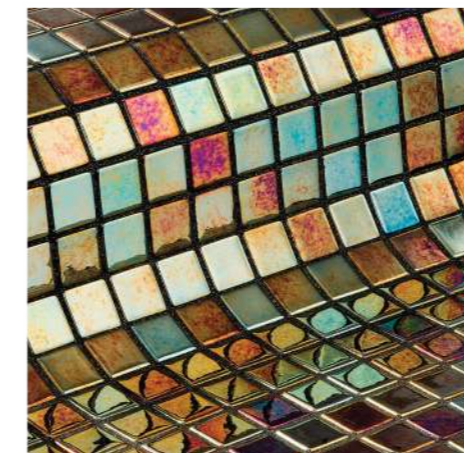
# STEAM ROOM

## TILE OPTIONS

At Centurion Leisure, we provide an extensive selection of tiles, offering one of the most diverse ranges available on the market. Our wide variety of options allows you to create a truly unique and personalised steam room.

Here you will find a sample of tiles from our standard collection. We also offer a vast array of additional choices, including premium and large format tiles.

We partner with a broad network of top-tier suppliers to ensure we can fulfil any tile requirement for your project, regardless of scale of specification.







CENTURION LEISURE

**Centurion Leisure**

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